

HIGHER NITEC IN COMMUNITY CARE & SOCIAL SERVICES (3 YEARS)

CERTIFICATION

Credits required for certification:

Sector Foundation Modules	: 6
Specialisation Modules	: 51
Internship Programme Modules	: 12
Life Skills Modules	: 10
Cross Disciplinary Core Modules	: 9
Electives	: 8
Total	: 96

COURSE STRUCTURE

Module Title	Credits
SECTOR FOUNDATION MODULES	
Introduction to the Human Body	3
Professional Practice in Health Services	3
SPECIALISATION MODULES	
Client Care I	3
Centre Operations I	3
Centre Operations II	3
Introduction to Social Services in Singapore	3
Foundation of Community & Health	3
Introduction to Rehabilitation	3
Anatomy & Physiology	3
Programme Management	3
Rehabilitative Services – Physiotherapy I	3
Client Care II	3
Social Services in Singapore	3
Rehabilitative Services – Physiotherapy II	3
Group Work in Social Services	3
Introduction to Social Work I	3
Rehabilitative Services – Occupational Therapy I	3
Introduction to Social Work II	3
Rehabilitative Services – Occupational Therapy II	3
INTERNSHIP PROGRAMME MODULES	
Internship Programme 1	4
Internship Programme 2	8
CROSS DISCIPLINARY CORE MODULES	
Communication for Health & Social Services	3
Service Excellence in Health & Social Services	3
Diet & Nutrition for Health & Wellness	3

Module Title	Credits
ELECTIVES (COURSE SPECIFIC)	
Disability Studies	2
Geriatric Studies	2
Para-counselling	2
Special Needs Education	2
ELECTIVES (GENERAL) AND LIFE SKILLS MODULES	
For details, click here	

Note: The offer of electives is subject to the training schedule of respective ITE Colleges. Students are advised to check with their Class Advisors on the availability of the elective modules they intend to pursue.

MODULE OBJECTIVES

Sector Foundation Modules

Introduction to the Human Body

On completion of the module, students should be able to identify the key anatomical structures, and describe the primary function and associated common disorders of the various body systems.

Professional Practice in Health Services

On completion of the module, students should be able to articulate the roles and responsibilities of professionals in health services. They should be effective team players and demonstrate professional behaviours based on the code of conduct for health services.

Specialisation Modules

Client Care I

On completion of the module, students should be able to perform and adhere to infection control procedures, monitor and evaluate vital signs, assist in activities of daily living of client, and observe good body mechanics while attending to clients.

Centre Operations I

On completion of the module, students should be able to explain the types of centres in Singapore and perform administrative work. They should be able to observe a client's behaviours and needs, and accompany them for essential appointments. In addition, they should be able to orientate a new client and assist in recruiting and managing volunteers.

Centre Operations II

On completion of the module, students should be able to coordinate with various stakeholders for continual client care, assist with the daily operations of a community care organisation and carry out workplace safety and health procedures.

Introduction to Social Services in Singapore

On completion of the module, students should be able to describe the evolution of the social services sector in Singapore. They should also be able to describe the essential qualities and responsibilities of staff working in the social service sector.

Foundation of Community & Health

On completion of the module, students should be able to describe Singapore healthcare system, explain the concept of community care, describe the transformation of health industry and how support differentiate according to population and health trends/ issues, perform basic health screening, bed making and handling clients in bed.

Introduction to Rehabilitation

On completion of the module, students should be able to describe the roles and responsibilities of rehabilitation professionals. They should acquire basic understanding of the One-Rehab Framework and be able to assist the therapists in the care of patients/ clients during the rehabilitation journey.

Anatomy & Physiology

On completion of the module, students should be able to explain the anatomical structures and primary function, of the various body systems, skin and sensory organs. They should also be able to relate the common terminologies and clinical manifestations of common diseases or disorders.

Programme Management

On completion of the module, students should be able to explain the framework and processes of Programme Management, and understand the role of programmes in social services. They should also be able to assist trained staff to plan and lead community activities or events, as well as to troubleshoot common issues faced by facilitators.

Rehabilitative Services – Physiotherapy I

On completion of the module, students should be able to assist clients with various medical conditions in transfers and use of mobility aids.

Client Care II

On completion of the module, students should be able to assist client with nutritional and elimination needs, perform blood glucose monitoring, assist in administering medication and respiratory therapies, perform physical examination and assessment, render emergency aid, and assist in last office procedure.

Social Services in Singapore

On completion of the module, students should be able to explain the legislative acts and policies pertaining to the social service sector in Singapore. In addition, they should be able to demonstrate basic attending techniques towards clients in the social service sector.

Rehabilitative Services – Physiotherapy II

On completion of the module, students should be able to assist therapists in conducting therapeutic exercises, implement basic outcome measures, application of orthosis and electrical/mechanical modalities for clients.

Group Work in Social Services

On completion of the module, students should be able to assist trained staff to plan and lead group work. They should have an overview of therapeutic group work and its role in social service.

Introduction to Social Work I

On completion of the module, students should be able to explain the helping process and core values of the social work profession. They should also be able to provide an overview of social work practices pertaining to working with children, youth and family.

Rehabilitative Services – Occupational Therapy I

On completion of the module, students should be able to understand the impacts/ effects of common medical conditions on activities of daily living. They should also be able to assist the therapists in training clients/ patients in activities of daily living.

Introduction to Social Work II

On completion of the module, students should be able to explain the ethical responsibilities of social work practice. They should also be able to provide an overview of social work practices pertaining to working with persons with disabilities, persons with mental health issues, people with substance abuse and other addictions, ex-offenders, migrants and the diverse population.

Rehabilitative Services – Occupational Therapy II

On completion of the module, students should be able to assist the therapists in training clients in vocational skills. They should also be able to conduct training in wheelchair mobility and community mobility. They would acquire the knowledge to plan and conduct group activities and home screening to meet clients' needs. They should also be able to monitor the caregiver's ability and well-being.

Electives (General) and Life Skills Modules

For details, click [here](#).